



Innovative

TECHNOLOGY FOR THE FUTURE - LaJUST

# JOON NO'S TAEKWONDO LAJUST OPEN CHAMPIONSHIPS

25 MARCH 2012



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Darebin Community Sports Stadium  
857 Plenty Road, Reservoir  
VICTORIA, AUSTRALIA

## JOON NO'S TAEKWONDO LAJUST OPEN CHAMPIONSHIPS

<b>Date &amp; Venue:</b>	25 March Sunday 8.30 am to 6.30 pm Darebin Community Sports Stadium YMCA 857 Plenty Road, Reservoir Vic 3073 (directly opposite Target and on Reservoir Secondary College grounds)
<b>Competition:</b>	1) Poomsae 2) Sparring Competition 3) 3 Members Tag Team Competition 4) 5 Members Tag Team Interclub Competition
<b>Awards:</b>	Medals will be awarded to 1st, 2nd and 3rd placings
<b>Safety Equipment:</b>	Participants will use <ul style="list-style-type: none"> <li>▪ LaJUST Electronic Protectors and *LaJUST Sensor Socks</li> <li>▪ WTF approved groin, shin, arm, head and mouth guards, and gloves</li> </ul>
<b>* LaJUST Sensor Socks:</b>	all competitors must purchase their own sensor socks (\$60 per pair), available on competition day
<b>Head Kicks:</b>	Head Kicks will apply in all categories. However they are optional for Colour Belts and Black Belts 13 years old and under. Competitors and/or instructors can advise to disallow head kicks on day of competition  Head Kicks compulsory for Black Belts 14 years and above
<b>Rules:</b>	WTF rules
<b>Poomsae</b>	1ST & 2ND COMPULSORY Yellow                    Il Jang (1) E Jang (2) Blue                        Sam Jang (3) Sa Jang (4) Red                         Yuk Jang (6) Chil Jang (7) Black                        Koryo, Geumgang or Taebaek as decided by referee

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<b>Sparring:</b>	<p>By Elimination</p> <p><b>Colour Belts</b>  <b>13 and Under</b> : 2 rounds x 1 ½ minute  <b>14 – 17 &amp; Seniors</b> : 2 rounds x 2 minutes</p> <p><b>Black Belts</b>  <b>13 and Under</b> : 3 rounds x 1 ½ minute  <b>14 – 17 &amp; Seniors</b> : 3 rounds x 2 minutes</p> <p>30 seconds between rounds</p>
<b>Tag Team</b>	<p><b>3-Man Tag Team Match</b>  Form your own team or we will organize your team for you  Each team consists of three athletes and one round of 5 minutes, athletes can be replaced by another athlete at any time</p> <p><b>5-Man Tag Team Match</b>  Each team consists of five athletes and two rounds totaled 10 minutes. The first round lasted five minutes in which each athlete compete for a minute. In the second round of 5 minutes, an athlete can be replaced with another athlete at any time</p>
<b>Privacy:</b>	Details collected are solely for the purpose of the competition involved
<b>Insurance:</b>	All club coaches and instructors must ensure that all participants have current and valid insurance coverage from recognized Taekwondo bodies / association
<b>Liability:</b>	All participants in the competition take part at their own risk. While all care is taken, the organizers and their representatives can take no responsibility, under any circumstances, for any damages, injuries or loss to individuals or equipment
<b>Uncontested Players:</b>	As the purpose of this competition is to experience the use of the Electronic Protectors, uncontested players may be moved up to the next weight category, next colour belt, next age group or mixed gender
<b>Competition Fees:</b>	1 event : \$60, 2 events : \$80, 3 events : \$100, 4 events : \$120, 5 events : \$140

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<b>Spectators Fees:</b>	\$10 Adult, \$5 Child (5-12 years old), \$20 Family (2 Adults, 2 Children) Pay at venue
<b>Application &amp; Payment:</b>	Application forms and payment to be sent to Joon No 170 High Street Doncaster Victoria 3108 Cash or Cheque make payable to Joon No
<b>Closing Date:</b>	20 March 2012  All forms and payments must be received by the closing date If delays are expected, please email competitors details to <a href="mailto:joonostkd@hotmail.com">joonostkd@hotmail.com</a> by closing date, with forms and payments to follow
<b>Draw List:</b>	23 March 2012  Draw list will be made available via email to club instructors to confirm completeness and details

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**Schedule:** Below is tentative schedule. Times may change depending on number of competitors

## Poomsae

8.30 am to 9.00 am : Registration

9.00 am to 10.00 am : Poomsae Competition

## Sparring

9.30 am to 10.00 am : Weigh in & Registration

10.00 am to 1.00 pm : Sparring Competition

1.00 pm to 2.00 pm : Lunch Break

2.00 pm to 4.30 pm : Sparring Competition

## Tag Team

4.30 pm to 5.30 pm : Tag Team Competition

5.30 pm to 6.30 pm : Medals Presentation

**Location Map:**

